



# CATCH YOUR BREATH

Vineyard Worship

Jodie Alexander-Frye, Rich di Castiglione, Sophia Mitchell

Original Key: Eb | Tempo: 150.00



{Intro}

19 2m9 19 2m9

{Verse 1}

19 2m9  
Hush now, there's no need to rush out  
19

We can stay here for hours and hours  
2m9

We don't have to talk if you don't want to  
19 2m9

Come now, lay your head and slow down  
19

Take a breath and breathe out  
2m9

Turn the volume low

{Chorus}

4  
You can trust me  
3m 6m7 1/5  
With the things you've left un - done  
4

And let your guard down  
3m 6m7 1/5 4sus2 4  
Open up the cages of your heart  
2dim/4

Catch your breath

{Link}

19 2m9

{Verse 2}

19 2m9  
Pass me all the weight you carry  
19

I can take your anxieties  
2m9

Leave them here with me  
19 2m9

You're worth more than your endeavours  
19

I see all of your efforts  
2m9

All that goes unseen

Repeat Chorus:

{Link}

6m 3sus4 6m/5 Am7(b5)

6m 3sus4 6m/5 Am7(b5)

**Repeat Chorus:**

{Tag}

19 2m9 19 2m9 19

2022 Vineyard Songs (UK/Eire), Integrity Music  
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